Arizona Cultural & Linguistic Competency Technical Assistance Resource Kit



Produced by: Arizona Health Alliance for Language Access Rights

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Methodology:

The Arizona Health Alliance for Language Access Rights (AHALAR) is a group of professionals devoted to creating and sustaining a welcoming environment that embraces Language Access Services (LAS) in Arizona. The members of the AHALAR, led by the Arizona Health Disparities Center, Arizona Department of Health Services, either are experts in cultural and linguistic competence and health equity or have contacts with relevant experts. With the assistance of many of these experts, the *Arizona Cultural & Linguistic Competency Technical Assistance Resource Kit* was developed. The publication identifies tools and resources to help advance cross-cultural communication skills, deliver culturally and linguistically appropriate health and healthcare services to diverse populations, and develop programs and policies to improve health quality and reduce health disparities in Arizona.

According to the U.S. Department of Health and Human Services, Office of Minority Health, cultural and linguistic competence is a set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals that enables effective work in cross-cultural situations. "Culture" refers to integrated patterns of human behavior that include the language, thoughts, communications, actions, customs, beliefs, values, and institutions of racial, ethnic, religious, or social groups. "Competence" implies having the capacity to function effectively as an individual and an organization within the context of the cultural beliefs, behaviors, and needs presented by consumers and their communities (Adapted from Cross, 1989).

The resources were arranged by categories of expertise and in alphabetical order of the first word of organizations. It is an ongoing document, and is updated in a timely fashion.

This Resource Kit is modeled from the *Maryland Cultural Competency Technical Assistance Resource Kit* {Health Literacy, Language Services, Workforce Diversity}.

Interested in being included in the resource kit?

Email hong.chartrand@azdhs.gov

Disclaimer: This list of cultural & linguistic competency tools and resources is intended to provide guidance to Arizona health and human service providers who seek to improve the cultural & linguistic competency of their facilities and programs. These resources are external to the Arizona Department of Health Services (ADHS). Although they have been reviewed and determined sufficiently experienced in their fields, their inclusion on this list is not an endorsement of their services by ADHS. Please click the <u>National Standards of Practice for Interpreters in Health Care</u> and <u>A National Code of Ethics for Interpreters in Health Care for more information</u> for more information. We welcome your feedback so that we can continue to build the quality of this service.

Cultural Competency

ARIZONA COUNCIL OF HUMAN SERVICE PROVIDERS

Types of Services Provided:	Contact Person: Bahney Dedolph
Organizational/Program Assessment	Policy Analyst
Types of Products:	
Training Toolkits and Materials	Email: bdedolph@azcouncil.com
Program Data	Tel: 602-252-9363
	Address: 2100 North Central, Suite 225, Phoenix,
	AZ 85004
	Website: www.azcouncil.com

ARIZONA DEPARTMENT OF HEALTH SERVICES, ARIZONA HEALTH DISPARITIES CENTER

Types of Services Provided:	Contact Person: Hong Chartrand, MPA, MA
Organizational/Program Assessment	Program Manager
Group Training	
igtimes Train-the-Trainer	Email: hong.chartrand@azdhs.gov
Curriculum Development	Tel: 602-542-1219
Types of Products:	Address: 150 N. 18 th Avenue, Suite 300
Curricula	Phoenix, AZ 85007
☐ Training Toolkits and Materials	
Public Health Workforce Training	Website: http://www.azminorityhealth.gov
Program Data	

ARIZONA STATE UNIVERSITY, CENTER FOR APPLIED BEHAVIORAL HEALTH POLICY

Types of Services Provided:	Contact Person: Vicki Staples, MEd, CPRP
Organizational/Program Assessment	Associate Director of Clinical Initiatives
Group Training	
	Email: Vicki.staples@asu.edu
Curriculum Development	Tel: 602-496-1482 (office) /602-509-6801 (cell)
	Address: 500 N. 3rd Street, Suite 200
	Phoenix, AZ 85004
	Website: http://cabhp.asu.edu/

ASIAN PACIFIC COMMUNITY IN ACTION, HEALTH THROUGH ACTION ARIZONA COALITION

Types of Services Provided:	Contact Person: Layal Rabat, MA
Organizational/Program Assessment	Empowerment and Advocacy Manager
Group Training	
Types of Products:	Email: layal@apcaaz.org
□ Public Health Workforce Training	Tel: 602-265-4598
	Address: 4520 N. Central Avenue, 380, Phoenix,
	AZ 85041
	Website: http://www.apcaaz.org

BURUNDI ARIZONA HERITAGE ORGANIZATION, INC

Types of Services Provided:	Contact Person: Venant Vyamungu
Group Training	President
	Tel: (602) 332-4819; (602) 344-6579
	Contact Person: Pierre Gasimbo Tel: (720) 900-8893
	Email: baho_inc@yahoo.com

HAMRO AMERICA

Types of Services Provided:	Contact Person: Kamana Khadka, MPH
Group Training	Director
Curriculum Development	
Types of Products:	Email: kamana@hamroamerica.org
Curricula	Tel: 602-475-5080
Training Toolkits and Materials	Address: 2802 N. 37th Ave., Phoenix, AZ 85009
	Website: http://www.hamroamerica.org/

IRAQI AMERICAN SOCIETY FOR PEACE AND FRIENDSHIP

Types of Services Provided: Group Training	Contact Person: Therese Paetschow Director
	Email: tpaetschow@iaspf.org Tel: 602-358-8477 Address: 3581 W. Northern Ave, Ste. 8, Phoenix, AZ
	Website: http://www.iaspf.org

MARICOPA INTEGRATED HEALTH SYSTEM, CULTURAL AND LANGUAGE SERVICES

Types of Services Provided:	Contact Person: Luis Gendreau, BGS, MBA
Group Training	Community Relations Director
Curriculum Development	
Types of Products:	Email: Luis.Gendreau@mihs.org
Curricula	Tel: 602-344-1826
Training Toolkits and Materials	
	Address: 2601 E. Roosevelt Street
	Phoenix, AZ 85008
	Website: http://www.mihs.gov

NATIVE HEALTH

Types of Services Provided: Group Training	Contact Person: Roy Johnston, MC, LISAC Mental Health/Substance Abuse Counselor
Types of Products: Public Health Workforce Training	Email: rjohnston@nachci.com Tel: 602-279-5262 x 3202 Address: 4041 N. Central Avenue, Building C Phoenix, AZ 85012 Website: www.nativehealthphoenix.org

SOMALI AMERICAN UNITED COUNCIL OF ARIZONA

Types of Services Provided: Group Training	Contact Person: Mohamed Ali Abukar President and CEO
	Email: m.abukar@cox.net Tel: 602-522-2100 Address: 2425 E Thomas Rd, Ste.10/12 Phoenix, AZ Website: http://www.somaliunitedcouncil.org/

WELCOME TO AMERICA PROJECT, Refugee Cultural Competency

Types of Services Provided:	Contact Person: Megan O'Connor
Group Training	Executive Direction
Types of Products:	
Curricula	Email: Megan.OConnor@WTAP.org
	Tel: (602)490-0088
	Address: PO Box 21 Scottsdale, AZ 85252
	Website: www.wtap.org

WORTHY INSTITUTE

Types of Services Provided:	Contact Person: Rasheda Worthy
Group Training	CEO
Curriculum Development	
Types of Products:	Email: rworthy@worthyinstitute.com
	Tel: 602-258-3300
□ Public Health Workforce Training	Address: 2942 North 24th Street, Suite 207
	Phoenix, AZ 85016
	Website: http://www.worthyinstitute.com/#!programs/c21kz

Health Literacy

ARIZONA DEPARTMENT OF HEALTH SERVICES, ARIZONA HEALTH DISPARITIES CENTER

Types of Services Provided:	Contact Person: Hong Chartrand, MPA, MA
Organizational/Program Assessment	Program Manager
Curriculum Development	
Types of Products:	Email: hong.chartrand@azdhs.gov
	Tel: 602-542-1219
Training Toolkits and Materials	Address: 150 N. 18 th Avenue, Suite 300
□ Public Health Workforce Training	Phoenix, AZ 85007
□ Program Data	
	Website: http://www.azminorityhealth.gov

ARIZONA DEPARTMENT OF HEALTH SERVICES, REFUGEE HEALTH PROGRAM

Types of Services Provided:	Contact Person: Stella Kiarie, MPH
Group Training	Refugee Health Coordinator
Train-the-Trainer	
Curriculum Development	Email: Stella.Kiarie@azdhs.gov
Types of Products:	Tel: 602-364-3592
Curricula	Address: 150 N. 18 th Avenue, Suite 110
Training Toolkits and Materials	Phoenix, AZ 85007
🔀 Program Data	
	Website: http://www.AZrefugeehealth.org

ARIZONA HEALTH LITERACY COALITION

Types of Services Provided:	Contact Person: Jutta Ulrich
Group Training	
Types of Products:	Email: jutta.ulrich@thunderbird.edu
	Tel: 602-738-9064
	Website: http://www.azhealthliteracy.org/

CANYON RANCH INSTITUTE

Types of Services Provided:	Contact Person: Andrew Pleasant, Ph.D.
Organizational/Program Assessment	Senior Director for Health Literacy and Research
Group Training	
	Email: andrew@canyonranchinstitute.org
Curriculum Development	Tel: 520-239-8561
Types of Products:	Address: 8600 E. Rockcliff Road, Tucson, AZ 85750
Curricula	
Training Toolkits and Materials	Website: http://www.canyonranchinstitute.org
Public Health Workforce Training	
🔀 Program Data	

HENDERSON-HUGHES HEALTH PARTNERS (H3P)

Types of Services Provided:	Contact Person: Venus Henderson-Hughes, MBA, MPH
Organizational/Program Assessment	Founder/Chief Operating Officer
Group Training	
Train-the-Trainer	Website: http://www.h3p1.org/
Curriculum Development	
Types of Products:	Email: vhhughes@h3p1.org
Curricula	Tel: (623) 282-4214
🔀 Program Data	Address: PO Box 32054
	Mesa, AZ 85275

HEALTH LITERACY ARIZONA

Types of Services Provided:	Contact Person: Marti Lindsey, Ph.D.
Organizational/Program Assessment	
Group Training	Email: <u>lindsey@pharmacy.arizona.edu</u>
Curriculum Development	Tel: 520-626-3692
Types of Products:	
	Website:
☐ Training Toolkits and Materials	http://healthliteracy.pharmacy.arizona.edu/contact
	_us.html

Language Services

Non-for-Profit Organization or Governmental Agency

ARIZONA LANGUAGE AND TRANSPORTATION SERVICES

Types of Services Provided:	
	Email: sahra@altsarizona.com Tel: 480-777-0707
□ Arabic □ Farsi □ French □ Nepali □ Russian □ Somali □ Spanish	Address: 4659 S. Lakeshore Drive Tempe, AZ 85282
For more languages, please click http://www.altsarizona.com/services.html	Website: http://www.altsarizona.com
∠ Language Translation	
☒ Arabic☒ Farsi☒ French☒ Nepali☒ Russian☒ Spanish	
For more languages, please click http://www.altsarizona.com/services.html	
Types of Products:	

ASIAN PACIFIC COMMUNITY IN ACTION, BRIDGING CULTURES

Types of Services Provided:	Contact Person: Zeenat Hasan, MPH, MA
	Bridging Cultures Program Director
 ☐ Arabic ☐ Burmese ☐ Cantonese ☐ Wepali ☐ Vietnamese For more languages, please click http://www.bridgingculturesaz.org/ 	Email: zeenat@apcaaz.org, liza@apcaaz.org Tel: 602-265-4598 Address: 6741 N 7 th Street, Phoenix, AZ 85014
∠ Language Translation	Website: http://www.apcaaz.org;
 ☐ Arabic ☐ Burmese ☐ Chinese ☐ Vietnamese For more languages, please click http://www.bridgingculturesaz.org/ 	http://www.bridgingculturesaz.org/
☑ Group Training☑ Train-the-Trainer☑ Curriculum Development	
Types of Products:	
✓ Interpretation✓ Translation✓ Curricula	

INTERNATIONAL RESCUE COMMITTEE

Types of Services Provided:	Contact Person: Rabah Radhi
∠ Language Interpretation ∠ In-person	Interpreter Service Supervisor
Arabic Burmese Cantonese Farsi French Korean Mandarin Nepali Russian Somali Spanish Vietnamese For more languages, please click http://www.rescue.org/us-program/us-phoenix-az M Group Training	Email: rabah.radhi@rescue.org Tel: 602-433-2440 ext. 171 623-252-2440 (Scheduling line, available 24/7) Address: 5227 N. 7 th Street, Phoenix, AZ 85014
Types of Products:	Website: http://www.rescue.org/us-
	program/us-phoenix-az

MARICOPA INTEGRATED HEALTH SYSTEM, CULTURAL AND LANGUAGE SERVICES

Types of Services Provided:	Contact Person: Luis Gendreau, BGS, MBA
☐ Language Interpretation ☐ In-person ☐ Telephonic (all languages) ☐ Video ☐ Arabic ☐ Burmese ☐ French ☐ Nepali ☐ Somali ☐ Spanish For more languages, please go to website	Community Relations Director Email: Luis.Gendreau@mihs.org Tel: 602-344-1826 Fax:602-344-1823 Address:
http://www.mihs.gov Language Translation	Maricopa Integrated Health System Community Relations Department
Spanish Group Training Train-the-Trainer	2601 E. Roosevelt Street Phoenix, AZ 85008
Curriculum Development Types of Products:	Website: http://www.mihs.gov
✓ Interpretation✓ Translation✓ Training Toolkits and Materials	

MIDNIMO TRANSLATION AND INTERPRETATION

Types of Services Provided:	Contact Person: Halima Abdirazak
	Email: halima.abdirazak@gmail.com
☐ Arabic☐ Burmese☐ SomaliFor more languages, contact Halima.	Tel: 602-273-7000
☐ Language Translation☐ Arabic☐ Burmese☐ SomaliFor more languages, contact Halima.	
Types of Products:	
✓ Interpretation✓ Translation	

PHOENIX CHILDREN'S HOSPITAL, CULTURE AND LANGUAGE SERVICES

Types of Services Provided:	Contact Person: Irma Bustamante
	Manager
	Email: ibustam@phoenixchildrens.com Tel: 602-933-3352 Address: 1919 East Thomas Road Phoenix, AZ 85016
☑ Group Training☑ Train-the-Trainer☑ Curriculum Development	Website: http://www.phoenixchildrens.org
Types of Products:	
☑ Interpretation☑ Translation☑ Curricula☑ Training Toolkits and Materials☑ Program Data	

TUCSON INTERNATIONAL ALLIANCE OF REFUGEE COMMUNITIES

Types of Services Provided:	Contact Person: Erina Delic
	Executive Director
□ Arabic □ Farsi □ French □ Somali	Email: tiarc.erina@gmail.com Tel: 520-881-4404
For more languages, please click	Address: 4224 E. Grant Road, Tucson, AZ 85712
http://www.aztiarc.org/translation-and-interpretation.html	Website: http://www.aztiarc.org/
For more languages, please click http://www.aztiarc.org/translation-and-interpretation.html	
Types of Products:	

TUSCON MEDICAL CENTER, INTERNATIONAL & LANGUAGE SERVICES

Types of Services Provided:	Contact Person: Monica Frisbie-Garcia
□ Language Interpretation □ In-person □ Telephonic □ Video □ Arabic □ Burmese □ Cantonese □ Farsi □ French □ Mandarin □ Nepali □ Somali □ Spanish □ Vietnamese	Manager Email: monica.frisbie@tmcaz.com Tel: 520 324-1953 Address: 5301 E. Grant Rd Tucson, AZ 85712 Website: www.tmcaz.com
□ Language Translation □ Arabic □ Burmese □ Cantonese □ Farsi □ French □ Korean □ Mandarin □ Nepali □ Russian □ Somali □ Spanish □ Vietnamese	NOTE: TMC has on-staff Spanish Medical Interpreters. They also contract with CyraCom Language Services for phone and VRI (Sign Language and all languages)
 ✓ Organizational/Program Assessment ✓ Group Training ✓ Curriculum Development Types of Products:	

For-Profit Organization

A FOREIGN LANGUAGE SERVICE

Types of Services Provided:	Contact Person:
☑ Language Interpretation☑ In-person☑ Telephonic	Name, Credential (if any) Title
Arabic Burmese Cantonese Farsi French Korean Mandarin Nepali Russian Somali Spanish Vietnamese For more languages, please click http://www.aflscorp.com/	Email: interpreting@aflscorp.com Tel: 480-813-4242 Address: 40 W. Baseline Road Suite 204 Mesa, AZ 85210
□ Language Translation □ Arabic □ Burmese □ Chinese □ Farsi □ French □ Korean □ Nepali □ Russian □ Somali □ Spanish □ Vietnamese	Website: http://www.aflscorp.com/
For more languages, please click http://www.aflscorp.com/	
Types of Products: Interpretation Translation	

AVAZA LANGUAGE SERVICES CORP.

Types of Services Provided:	Contact Person: Jenny Kim
	Business Development Manager
☐ Telephonic ☐ Video	Direct: (615) 534-3404 Toll Free: 800-482-8292 ext 5012
✓ Arabic ✓ Burmese ✓ Cantonese ✓ Farsi ✓ French ✓ Korean ✓ Mandarin ✓ Nepali ✓ Russian ✓ Somali ✓ Spanish ✓ Vietnamese	Email: <u>j.kim@avaza.co</u> Email: <u>info@avaza.co</u>
For more languages, please click http://avaza.co/	Tel: 800-482-8292
Language Translation	Address: 5209 Linbar Drive, Suite 603 Nashville, TN 37211
✓ Arabic ✓ Burmese ✓ Chinese ✓ Farsi ✓ French ✓ Korean ✓ Nepali ✓ Russian ✓ Somali ✓ Spanish ✓ Vietnamese	Website: http://avaza.co/
For more languages, please click http://avaza.co/	
Types of Products:	

CommBridge Translations

Types of Services Provided:	Contact Person: Josefina Healy
□ Language Interpretation	
☑ In-person☑ Telephonic☑ Video	Email: info@commbridge-translations.com josefina@commbridge-translations.com
Arabic Burmese Cantonese Farsi	Tel: 480-245-6728
⋉ French⋉ Korean⋉ Mandarin⋉ Nepali⋉ Spanish⋉ Vietnamese	Toll Free: 877-782-8738 Address: 2942 North 24th Street
For more languages, please click http://commbridge-translations.com/interpretation-2/	Phoenix, AZ 85016
□ Language Translation	Website:
✓ Arabic ✓ Burmese ✓ Chinese ✓ Farsi ✓ French ✓ Korean ✓ Nepali ✓ Russian ✓ Somali ✓ Spanish ✓ Vietnamese	http://commbridge-translations.com/
For more languages, please click http://commbridge-translations.com/translation-2/	
Types of Products:	
✓ Interpretation✓ Translation	

CyraCom

Types of Services Provided:	
☐ Language Interpretation☐ In-person☐ Telephonic☐ Video	Email: info@cyracom.com Tel: 800-713-4950 Address: 5780 North Swan Road Tucson, AZ 85718
✓ Arabic ✓ Burmese ✓ Cantonese ✓ Farsi ✓ French ✓ Korean ✓ Mandarin ✓ Nepali ✓ Russian ✓ Somali ✓ Spanish ✓ Vietnamese	Website: http://www.cyracom.com/
For more languages, please click http://www.cyracom.com/	
∠ Language Translation	
 ☐ Arabic ☐ Burmese ☐ Chinese ☐ Farsi ☐ Wepali ☐ Russian ☐ Somali ☐ Spanish ☐ Vietnamese 	
For more languages, please click http://www.cyracom.com/	
 ✓ Organizational/Program Assessment ✓ Group Training ✓ Train-the-Trainer ✓ Curriculum Development 	
Types of Products:	
☐ Interpretation☐ Translation☐ Curricula☐ Training Toolkits and Materials	

LANGUAGE LINE

Types of Services Provided:	
☐ Language Interpretation☐ In-person☐ Telephonic☐ Video	Email: WeCare@languageline.com Tel: 800-752-6096 Address: 1 Lower Ragsdale Drive, Building 2
Arabic Burmese Cantonese Farsi	Monterey, CA 93940
French Korean Mandarin Nepali	
Russian Somali Spanish Vietnamese	Website:
For more languages, please click http://www.languageline.com	http://www.languageline.com
□ Language Translation □ Arabic □ Burmese □ Chinese □ Farsi □ French □ Korean □ Nepali □ Russian □ Somali □ Spanish □ Vietnamese	
For more languages, please click	
http://www.languageline.com	
Types of Products:	
✓ Interpretation✓ Translation	

LINGUISTICA INTERNATIONAL

Types of Services Provided:	
□ Language Interpretation □ In-person □ Telephonic □ Video □ Arabic □ Burmese □ Cantonese □ French □ Korean □ Mandarin □ Russian □ Somali □ Spanish □ Vi	Juile D,
For more languages, please click http://www.linguisticainternational.com/ Language Translation	Website:
Arabic Burmese Chinese	Farsi Russian
For more languages, please click http://www.linguisticainternational.com/	
Types of Products:	
✓ Interpretation✓ Translation	

American Sign Language (ASL)

A FOREIGN LANGUAGE SERVICES

Email: interpreting@aflscorp.com

Voice: 480-813-4242

Address: 40 W Baseline Rd. #204, Mesa, AZ 85210

Website: http://www.aflscorp.com

ACCESS PROFESSIONAL INTERPRETING

Email: requests@apinterpreting.com

Voice: 602-865-9800

Address: P.O. Box 10988, Tempe, AZ 85284

Website: http://www.apinterpreting.com

ADVANTAGE INTERPRETING

Email: info@advantageinterpreting.com

Voice: 480-398-8107

Address: 8490 S Power Rd Ste # 105166, Gilbert, AZ 85297

Website: http://www.advantageinterpreting.com

ARIZONA INTERPRETING SERVICE, INC.

Email: Front-office@arizonainterpretingservice.com

Scheduling Line: 480-961-7331

After Hour Emergency Phone: 602-291-0018

Address: 4425 E. Agave Rd #120 Phoenix, AZ, 85044

Website: http://www.arizonainterpretingservice.com/index.html

ARIZONA SIGN LANGUAGE INTERPRETING FOR THE DEAF, LLC

Email: officemanager@aslid.com

Voice: 602-705-6560

Address: PO Box 6446, Peoria, AZ 85385

Website: http://www.aslid.com/

ARIZONA STATE SCHOOLS FOR THE DEAF AND BLIND, INTERPRETING SERVICES

Email: request@copdaz.org

Voice: 520-770-3236

Address: P.O. Box 88510, Tucson, AZ 85754

Website: http://www.asdb.state.az.us

BIRNBAUM INTERPRETING SERVICE

Email: <u>laura.young@bisworld.com</u>

Voice: 301-587-8885; 800-471-6441

Address: 8555 16th Street Suite 400, Silver Springs, MD 20910

Website: http://www.bisworld.com

COMMUNITY OUTREACH PROGRAM FOR THE DEAF

Email: request@copdaz.org

Voice: 520-445-8484; 520-445-8488 (alternate) Address: 268 W. Adams St., Tucson, AZ 85705

Website: http://www.copdaz.org

DAVO SERVICES

Email: request@davoservices.com

Voice: 623-505-7292

Address: 28022 North Sierra Sky Drive, Peoria, AZ 85383

Website: http://davoservices.com/

DEAF FRIENDLY INTERPRETING SERVICE

Email: office@deaf-friendly-interpreting.com

Voice: 520-230-7853

Address: PO Box 1372, Cortaro, AZ 85652

Website: http://deaf-friendly-interpreting.com/DFIS/Welcome.html

DEAF LINK

Email: info@deaflink.com Voice: 210-590-7487

Address: 500 N. Loop 1604 E, San Antonio, TX 78232

Website: http://www.deaflink.com

ELM HAVEN INTERPRETING

Email: hu ntrprtr@hotmail.com

Voice: 443-889-5039

Address: 1193 Joshua Tree Dr., Sierra Vista, AZ 85635

Website: http://www.elmhaveninterpreting.com

FINGER WORKS

Email: lnfo@Finger-Works.com Voice / Text: 623-262-2577

VP: 602-714-9591

Address: 2517 W Aster Drive, Phoenix, AZ 85029

Website: N/A

HANDS ACCESSING RELIABLE INTERPRETING SERVICES, LLC.

Email: askharis@cox.net

Voice: 602-625-4280; 480-636-1511 (VP)

Address: N/A

Website: http://www.askharis.com/

HORN INTERPRETING SERVICES INC., DBA AZFLIS

Email: azterps2@gmail.com

Voice: 623-444-5546; 480-595-9515; 602-476-2697

Address: P.O. Box 3296, Chandler, AZ 85244

Website: http://www.azflis.com/

INTERPRETERS OF THE VALLEY

Email: request@valleyinterpreting.com

Voice: 480-406-0556 Address: Phoenix, AZ

Website: http://www.valleyinterpreting.com

MARICOPA INTEGRATED HEALTH SYSTEM, CULTURAL AND LANGUAGE SERVICES

Email: Luis.Gendreau@mihs.org

Voice: 602-344-1826

Address: 2601 E. Roosevelt Street, Phoenix, AZ 85008

Website: http://www.mihs.gov

MOHAVE SIGN LANGUAGE

Email: jasmine.marin@gmail.com

Voice: 614-374-6269

Address: 2481 Fox Ave, Kingman, AZ 86409

Website: http://www.mohavesignlanguage.com

PURPLE COMMUNICATIONS

Email:

Voice: 877-885-3172

Address: 1295 W. Washington Street, Suite 104, Tempe, AZ 85281

Website: http://www.purple.us/

STATEWIDE INTERPRETING SERVICES

Email: sis llc@yahoo.com

Voice: 602-973-8072

Address: 3523 W Palo Verde Dr., Phoenix, AZ 85019

Website: N/A

VALLEY CENTER OF THE DEAF

Email: interpreting@vcdaz.org

Voice: 602-267-1921 TTY: 602-267-9122

Videophone: 623-208-4349

Address: Disability Empowerment Center, 5025 E. Washington St, Suite #114, Phoenix, AZ

85034

Website: http://www.vcdaz.org/

Health Disparities Research & Academic Centers in Arizona

Arizona State University

American Indian Policy Institute

Discovery Hall

250 E. Lemon St., Room 272

PO Box 872603

Tempe, AZ 85287-2603

Phone: (480) 965-1055 | Fax: (480) 965-6404

Email: aipi@asu.edu

Website: http://aipi.clas.asu.edu/

Center for Healthy Families' Research

ASU Downtown Campus

500 N. 3rd Street Phoenix, AZ 85004

Phone: 602-496-2644 | Fax: 602-496-0886

Website:

https://nursingandhealth.asu.edu/research/center/center-healthy-families%E2%80%99-

research?destination=node/4069

Southwest Interdisciplinary Research Center

ASU Downtown Campus

411 N. Central Avenue, Suite 720

Phoenix, AZ 85004-0693

Phone: 602-496-0700 | Fax: 602-496-0958

Website: http://sirc.asu.edu/

Canyon Ranch Institute

8600 E. Rockcliff Road Tucson, AZ 85750 Phone: 520-239-8561

Website: http://www.canyonranchinstitute.org

Diné College

Center for Diné Studies

1 Circle Dr., Route 12 Tsaile, AZ 86556

Phone: 928-724-6658

Website: http://www.dinecollege.edu/academics/dinestudies.php

Northern Arizona University

Interdisciplinary Health Policy Institute

PO Box 6023

Flagstaff, AZ 86011

Phone: 928-523-8830 | Fax: 928-523-1277

Email: Health.Policy@nau.edu

Website: http://nau.edu/CHHS/IHPI/Researchers-Staff/

Partnership for Native American Cancer Prevention

P O Box 5659

Peterson Hall, room #312

Flagstaff, AZ 86001

Phone: 928-523-8593 | Fax: 928-523-7317

http://www.nacp.nau.edu/

University of Arizona

Arizona Prevention Research Center

1295 N. Martin Avenue

P.O. Box 245163

Tucson, AZ 85724

Phone: 520-626-5682 | Fax: 520-626-4830

http://azprc.arizona.edu/

Cancer Health Disparities Institute

1501 N. Campbell Avenue

Tucson, AZ 85719 Phone: 520-694-2873

http://azcc.arizona.edu/research/disparities

Canyon Ranch Center for Prevention and Health Promotion

1295 N. Martin Avenue

P.O. Box 245163

Tucson, AZ 85724

http://crcphp.arizona.edu/

Center of Excellence in Women's Health

PO Box 210477

Tucson, AZ 85721-0477

Phone: 520-626-8539

http://womenshealth.arizona.edu/

Center for Rural Health

1295 N. Martin Avenue P.O. Box 245163 Tucson, AZ 85724

Phone: 520-626-5823 | Fax: 520-626-3101

http://crh.arizona.edu/

National Center for Interpretation

800 E University Blvd, Suite 200

Tucson, AZ 85719

Phone: 520-621-0658 | Fax: 520-621-0558

Email: ncitrp@email.arizona.edu

http://nci.arizona.edu

Training & Continuation Education Resources (Free)

Cultural Competency/Cross-Cultural Communications

• Institute for Healthcare Improvement:

Patient- and Family-Centered Care 101: Dignity and Respect — http://app.ihi.org/lms/coursedetailview.aspx?CourseGUID=8eb52137-21d7-4b30-afcd-fd781de6d6d5&CatalogGUID=6cb1c614-884b-43ef-9abd-d90849f183d4

 Management Sciences for Health and the U.S. Department of Health and Human Services/Health Resources and Services Administration:

The Provider's Guide to Quality and Culture -

http://erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English

New York-New Jersey Public Health Training Center:

Exploring Cross-Cultural Communication -

http://www.empirestatephtc.org/learning/pages/catalog/cc/default.cfm

South Central Public Health Partnership:

Cultural Diversity, Health Disparities, and Public Health -

http://lms.southcentralpartnership.org/scphp/mycourse_desc.php?&id=187

Diversity and Cultural Competency in Public Health Settings – Basic Level –

http://moodle01.southcentralpartnership.org/scphp/mycourse_desc.php?id=7

Managing Diversity Begins with You -

http://moodle01.southcentralpartnership.org/scphp/mycourse_desc.php?id=10

• Upper Midwest Public Health Training Center:

Cross-Cultural Communication and Nutrition Assessment –

http://cph.uiowa.edu/UMPHTC/education-and-training/cultural-comp.html

Cultural Competence and WIC Nutrition Assessment: How Culture Affects Food Beliefs and Practices –

http://cph.uiowa.edu/UMPHTC/education-and-training/cultural-comp.html

U.S. Department of Health and Human Services, Health Resources and Services
 Administration:

Effective Communication Tools for Healthcare Professionals (formerly titled Unified Health Communication). 2007 –

http://www.hrsa.gov/publichealth/healthliteracy/

 U.S. Department of Health and Human Services, Office of Minority Health. Think Cultural Health:

A Physician's Practical Guide to Culturally Competent Care -

https://www.thinkculturalhealth.hhs.gov/Content/ContinuingEd.asp

Culturally Competent Nursing Care: A Cornerstone of Caring -

https://www.thinkculturalhealth.hhs.gov/Content/ContinuingEd.asp

Cultural Competency Curriculum for Disaster Preparedness and Crisis Response

https://www.thinkculturalhealth.hhs.gov/Content/ContinuingEd.asp

Cultural Competency Program for Oral Health Professionals

https://www.thinkculturalhealth.hhs.gov/Content/ContinuingEd.asp

Specialty Education & CLAS Modules

https://www.thinkculturalhealth.hhs.gov/Content/ContinuingEd.asp

Health Literacy

Michigan Public Health Training Center:

Health Literacy and Immunizations: Working at the Local Public Health Level — https://practice.sph.umich.edu/mphtc/site.php?module=courses_one_online_course&id=434

Midwest Center for Life-Long-Learning in Public Health:

Culture and Health Literacy: Beyond Access -

http://sph.umn.edu/ce/online/

Culture and Healthy Literacy: Case Studies

http://sph.umn.edu/ce/online/

• New York-New Jersey Public Health Training Center:

Health Literacy and Public Health: Introduction -

http://www.phtc-online.org/learning/pages/catalog/phlit01/

Health Literacy and Public Health: Strategies for Addressing Low Health Literacy –

http://www.phtc-online.org/learning/pages/catalog/phlit02/

• U.S. Department of Health and Human Services, Centers for Disease Control and Prevention:

Clear Communication Index -

http://www.cdc.gov/healthcommunication/ClearCommunicationIndex/

Health Literacy for Public Health Professionals (Web-based) -

http://www2a.cdc.gov/TCEOnline/registration/detailpage.asp?res_id=2074

Plainlangauge.gov

Plain-Language Training

http://www.plainlanguage.gov/resources/take training/index.cfm

Online and in-person

Maryland Department of Health and Mental Hygiene

Primer on Cultural Competency and Health Literacy

http://dhmh.maryland.gov/mhhd/CCHLP/SitePages/Home.aspx

Language Services/Limited English Proficiency

- American Academy of Family Physicians: Quality Care for Diverse Populations Video Series http://www.aafp.org/patient-care/public-health/cultural-proficiency.html
- Bilingual Communications, Inc.: Working with Interpreters in Healthcare http://www.aheconnect.com/newahec/cdetail.asp?courseid=Inter

Other

Midwest Center for Life-Long-Learning in Public Health:

Immigrant Health Online Module –

http://sph.umn.edu/ce/online/

National Association of City and County Health Officials:

Roots of Inequality: An Online Learning Collaborative –

http://www.rootsofhealthinequity.org/

• University of Minnesota:

Free Short Course in Immigrant and Refugee Health –

http://www.globalhealth.umn.edu/free-intro-course/

Training & Continuation Education Resources (Fee-Based)

National and Regional Training & Continuation Education Resources:

American Medical Association:

Working Together to End Racial and Ethnic Disparities: One Physician at a Time Kit – https://commerce.ama-

assn.org/store/catalog/productDetail.jsp?product_id=prod1240029&navAction=push

• American Psychological Association, McAuliffe GJ:

Key Practices in Culturally Alert Counseling –

http://www.apa.org/education/ce/1360220.aspx

ASL University

Online American Sign Language Curriculum Resource Center – http://www.lifeprint.com/asl101/index.htm

• Cross-Cultural Communications

Community Interpreting Training -

Cultural Competency Training -

http://www.thecommunityinterpreter.com/training.html

• Cross Cultural Health Care Program:

Cultural Competency Training -

Medical Interpreter Training -

http://xculture.org/

• Greensboro Area Health Education Center (AHEC),

Barba BE, Tesh AS, DeBrew JK: UNCG Geriatric Training Series: Cultural Perspectives of Aging – http://www.aheconnect.com/newahec/cdetail.asp?courseid=uncg2

Espitia B, Smith L. El Futuro Series: Module D. He Treated Me Like An Animal—The Impact of Discrimination on Latino Mental Health –

http://www.aheconnect.com/newahec/cdetail.asp?courseid=elfuturo4

Smith L, Siu K. El Futuro Series: Module F. Si Dios Lo Permite:

The Role of Spirituality in Working with Latinos –

http://www.aheconnect.com/newahec/cdetail.asp?courseid=elfuturo6

Smith L, Stein GL. El Futuro Series: Module B. Culture Bound Syndromes -

http://www.aheconnect.com/newahec/cdetail.asp?courseid=elfuturo2

Harriet Koskoff:

Cross-Cultural Issues –

http://www.fanlight.com/catalog/subjects/culture.php

• InterpreterEd.com

http://www.interpretered.com/

 Kaiser Permanente/California Endowment Multicultural Health Series – http://www.calendow.org/uploadedFiles/multicultural health series.pdf

• Manhattan Cross Cultural Group: Quality Interactions:

A Patient-Based Approach to Cross-Cultural Care ${\color{blue}-}$

http://www.qualityinteractions.org/index.html

• PRIME, Mastrole RK, Root S, LePage C.:

Addressing Cultural Competence in Health Care -

http://primeinc.org/cme/online/177/Addressing Cultural Competence in Health Care

Best Practices to Achieve Cultural Competence in Health Care

http://primeinc.org/cme/online/178/Best Practices to Achieve Cultural Competence in Heal th Care

• Quality Interactions, Inc.:

Quality Interactions for Health Care Professionals -

http://www.qualityinteractions.org/prod overview/health care program features.html

 Tanenbaum Center for Interreligious Understanding: Improving Religio-Cultural Competence in Patient Care – https://www.tanenbaum.org/cme

Local Training & Continuation Education Resources:

• American Sign Language / Interpreter Preparation

Phoenix College

1202 W. Thomas Road, Phoenix, AZ 85013

Email: michelle.monahan@phoenixcollege.edu

Tel: 602-285-7837

http://www.phoenixcollege.edu/academics/programs/american-sign-language-interpreter-

preparation

ASL Educational Interpreting Program

University of Arizona

Tucson, AZ

Email: cvolk@email.arizona.edu

http://asl.arizona.edu/

• Bridging Cultures Program

Asian Pacific Community in Action 6741 N 7th Street, Phoenix, AZ 85014

Email: info@apcaaz.org
Tel: 602-265-4598

http://www.bridgingculturesaz.org/

Medical Interpreter Training

Hamro America

2802 N. 37th Ave., Phoenix, AZ 85009 Email: emma@hamroamerica.org

Tel: 602-475-5080

http://www.hamroamerica.org/

Spanish Bilingual Assistant and Conversational Spanish Training

Maricopa Integration Health System

Community Relation Department

2601 E. Roosevelt Street

Phoenix, AZ 85008

Email: Luis.Gendreau@mihs.org

Tel: 602-344-1826 http://www.mihs.gov

Spanish for Medical Interpretation

Accredited by the Certification Commission for Healthcare Interpreters

Rio Salado College 2323 W. 14th Street Tempe, AZ 85281

Email: academic.advisement@riosalado.edu

Tel: 480-517-8580

http://www.riosalado.edu/programs/medinterpret/Pages/default.aspx

Spanish Medical Interpreter Class

Fortis College

555 N. 18th Street Suite 110, Phoenix, AZ

Email: sphillips@edaff.com

Tel: 602-254-3099

http://www.fortiscollege.edu

Spanish Medical Interpreting Classes

Phoenix Children's Hospital

1919 E Thomas Rd, Phoenix, AZ 85006 Email: sba@phoenixchildrens.com

http://www.phoenixchildrens.org/professionals/for-nurses/spanish-language-classes

• Spanish Medical Interpreter Program

Estrella Mountain Community College

3000 North Dysart Road, Avondale, AZ, 85392

Tel: 623-535-2802

Email: sba@phoenixchildrens.com

http://www.estrellamountain.edu/programs/spanish-medical-interpreter

Cultural and Linguistic Competence Related Publications

Anand, R. (1999). *Cultural competence in health care: A guide for trainers* (2nd ed.). Washington DC: NMCI Publications.

Andrews, M.M., & Boyle J.S. (2011). *Transcultural Concepts in Nursing Care* (6th ed.). Wolters Kluwer Health; Lippincott Williams & Wilkins.

Anderson, N.B., Bulatao, R.A., & Cohen B. (Eds). (2004). *Critical Perspectives on Racial and Ethnic Diversity in Healthcare in Late Life*. Washington, D.C.: The National Academies Press.

Bancroft, M.A., & Rubio-Fitzpatrick, L. (2011). *The Community Interpreter: A Training Manual* (5th ed.). Culture and Language Press.

Bancroft, M.A., & Rubio-Fitzpatrick, L. (2011). *The Community Interpreter: Exercises and Role Plays* (2nd ed.). Culture and Language Press.

Bancroft, M.A., & Dallmann, H. (2010). *Medical Terminology for Interpreters: A Handbook* (3rd ed.). Culture and Language Press.

Carter, R. T. (Ed). (2005). *Racial-cultural psychology and counseling: Theory and research, volume 1.* New Jersey: John Wiley & Sons, Inc.

Carter, R. T. (Ed). (2005). *Racial-cultural psychology and counseling: Training and practice, volume 2*. New Jersey: John Wiley & Sons, Inc.

Constantine, M. & Sue, D. W., (Ed). (2005). *Strategies for building multicultural competence in mental health and educational settings.* New Jersey: John Wiley & Sons, Inc.

Coulehan, J.L. & Block, M.R. (2006). *The medical interview: Mastering skills for clinical practice* (5th ed.). Philadelphia, PA: F.A. Davis Co.

Cuellar, I. & Paniagua, F. A. (Eds.). (2000). *Handbook of multicultural mental health*. San Diego, CA: Academic Press.

Dana, R. H. (2005). *Multicultural assessment: Principles, applications, and examples.* New Jersey: Lawrence Erlbaum Associates Publishers.

Dayer-Berenson, L. (2013). *Cultural Competencies for Nurses-With Access* (2nd ed.). Burlington, MA: Jones & Bartlett Learning.

DeLisser, H., & Hark, L. (2009). *Achieving Cultural Competency: A Case-Based Approach to Training Health Professionals*. New Jersey: John Wiley & Sons, Inc.

Framer, I., Bancroft, M.A., Feuerle, L., & Bruggeman, J. (2010). *The Language of Justice: A Training Manual*. Washington, D.C.: Ayuda.

Framer, I., Bancroft, M.A., Feuerle, L., & Bruggeman, J. (2010). *The Language of Justice: Exercises and Role Plays*. Washington, D.C.: Ayuda.

Fadiman, A. (1997). The spirit catches you and you fall down. New York: Farrar, Straus, Giroux.

Gibbons, M.C. (Ed.). (2008). *eHealth Solutions for Healthcare Disparities*. New York, NY: Springer.

Greater Cincinnati Health Council. (2012). <u>Race, Ethnicity, Language Data Collection Best Practices</u>.

Greater Cincinnati Health Council. (2012). <u>REL Data Collection Training Module for Physician Practice</u> <u>Registration Staff</u>.

Halbur, K.V., & Halbur, D.A. (2008). *Essentials of Cultural Competence in Pharmacy Practice*. Washington, D.C.: American Pharmacists Association.

Helman, C.G. (2007). Culture, health, and illness. New York, NY: Oxford University Press.

Institute of Medicine (2009). <u>Race, Ethnicity, and Language Data: Standardization for Health Care Quality Improvement</u>.

Jeffreys, M.R. (2006). *Teaching cultural competence in nursing and health care: Inquiry, action, and innovation* (5th ed.). New York, NY: Springer.

Lynch, E.W. & Hanson, M.J. (2004). *Developing cross-cultural competence: A guide for working with children and their families* (3rd ed.). Baltimore, MD: Paul H. Brookes Publishing Co.

McDermott, J.F. & Andrade, N.N. (2011). *People and cultures of Hawai'i: the evolution of culture and ethnicity*. Honolulu, HI: University of Hawaii Press.

McGoldrick, M., Giordano, J., Garcia-Preto, N. (Eds). (2005). *Ethnicity and family therapy* (3rd ed.). New York: Guilford Press.

Minnesota Community Measurement. (2010). <u>Handbook on the Collection of Race/Ethnicity/Language Data in Medical Groups</u>.

National Association of County & City Health Officials. (2014). <u>Expanding the Boundaries: Health Equity</u> and Public Health Practice.

Patel, K., & Rushefsky, M.E. (2008). Health care in America: Separate and Unequal. Armonk, N.Y.: M.E. Sharpe.

Pedersen, P. (Ed). (1999). Multiculturalism as a forth force. New York: Hamilton Printing Company.

Perez, M.A., & Luquis, R.R. (2013). *Cultural Competence in Health Education and Health Promotion* (2nd ed.). New Jersey: John Wiley & Sons, Inc.

Pontorotto, J.G., Casas, J.M.; Suzuki, L.A., & Alexander, C.M. (Eds.) (2001). Handbook of multicultural

counseling, 2 Edition. Thousand Oaks, CA: Sage Publications, Inc.

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Smedly, B.D., Stith, A.Y., & Nelson, A.R. (Eds.). (2009). Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care. Washington, D.C.: The National Academies Press.

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Sue, D. W., Carter, R., Cases, J.M., Fouad, N., Ivey, A. E., Jensen, M. LaFromboise, T., Manese, J. E.,

Pontorotto, J.G., & Vasquez-Nutall, E. (Eds.). (1998). *Multicultural counseling competencies: Individual and organizational development.* Thousand Oaks, CA: Sage Publications, Inc.

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Williams, R.A. (Ed.). (2007). *Eliminating Healthcare Disparities in America: Beyond the IOM Report*. Totowa, New Jersey: Humana Press.

Healthcare Interpreter Resource & Certification

Certification Commission for Healthcare Interpreters

1725 I Street NW, Suite 300 Washington, DC 20006 866-969-6665 http://www.healthcareinterpretercertification.org/index.html

National Board of Certification for Medical Interpreters

PO Box 300 Stow, MA 01775 info@certifiedmedicalinterpreters.org 765-MED-CERT (1-765-633-2378) http://www.certifiedmedicalinterpreters.org/aboutus

Certification for Bilingual Healthcare Providers

National Certification for Bilingual Healthcare Providers

102 W 38th Street New York, NY 10012 212-274-1654 info@ncbhpcertified.org http://www.ncbhpcertified.org/

Interpreter and Translator Organizations

American Translators Association

225 Reinekers Lane, Suite 590 Alexandria, VA 22314

Phone: 1-703-683-6100 | Fax: 1-703-683-6122

ata@atanet.org

http://www.atanet.org/

Arizona Association of the Deaf, Inc.

1545 W Osborn Road Phoenix, AZ 85015 http://www.azadinc.org/home/

Arizona Registry Interpreters for the Deaf

PO Box 7448
Phoenix, AZ 85011
president@arizonarid.org
http://arizonarid.wildapricot.org/

Arizona Translators & Interpreters, Inc.

PO Box 36464
Phoenix, Arizona 85067-6464
contactus@atiinc.org
http://atiinc.org/

International Medical Interpreters Association

US Headquarters:

800 Washington Street

Box 271

Attn: Yoshie Ng

Boston, MA 02111-1845

Phone: 617-636-1798 | Fax: 1-866-406-IMIA (4642)

info@imiaweb.org

http://www.imiaweb.org/

National Association of the Deaf

8630 Fenton Street, Suite 820 Silver Spring, MD 20910

Voice/VP: 301-587-1788 or 301-328-1443

TTY: 301-587-1789

http://www.nad.org/

National Council on Interpreting in Health Care

5614 Connecticut Avenue NW #119 Washington DC 20015-2604 info@NCIHC.org http://www.ncihc.org/

Registry of Interpreters for the Deaf (RID)

333 Commerce Street Alexandria, VA 22314

Phone: (703) 838-0030 / (703) 838-0459 TTY | Fax: (703) 838-0454

ridinfo@rid.org http://www.rid.org/

Glossary

Certification is a process by which a governmental, academic or professional organization attests to or guarantees that an individual is qualified to provide a particular service. Certification calls for formal assessment, using an instrument that has been tested for validity and reliability, so that the certifying body can be confident that the individuals it certifies have the knowledge and skills needed to do the iob.¹

Cross-Cultural Communication, also known as intercultural communication, is defined as communication, and the study of it, among peoples of different cultural, ethnic and tribal backgrounds. Because of the inherent differences between the message sender/encoder and the message receiver/decoder, the risk of misunderstanding is particularly high in intercultural situations.²

Cultural Competence is a set of congruent behaviors, attitudes, policies and practices which creates and fosters an organizational culture that enables health care providers and organizations to:

- Recognize and acknowledge diverse groups within the service population;
- Understand the role of diverse values, norms, practices, attitudes and beliefs about disease,
- treatment and prevention in program and policy development and health services planning;
- Enhance accessibility to services to diverse groups by improving cultural and linguistic
- competencies and availability;
- Take a holistic view of health, inclusive of cultural health beliefs and practices, and the
- physical, mental and emotional aspects of diverse groups;
- Respect and support the dignity and perspective of the client, patient, family and staff, to best
- address the health interest of the patient;
- Ensure systems of recruitment, evaluation, staff development and retention that support an
- organizational culture and staff that are better able to provide health services that meet the
- cultural and linguistic needs of the community;
- Improve the health status of the populations and communities served.³

Culture: the shared values, traditions, norms, customs, arts, history, folklore, and institutions of a group of people. Culture is a vital factor in both how clinicians deliver services and how patients respond to medical services and preventive interventions. Culture is determined not only by ethnicity but by factors such as geography, age, language, religion, gender, sexual orientation, physical ability and socioeconomic status.³

Health is a state of complete physical, mental, and social well-being and not just the absence of sickness or frailty.⁵

¹ National Council on Interpreting in Health Care. http://www.ncihc.org/certification

² Buffalo State University. Unit 5 Intercultural Communication. http://faculty.buffalostate.edu/smithrd/UAE%20Communication/Unit5.pdf

nttp://tacuity.burraiostate.edu/smitnrd/OAE%20Communication/Onits.pdi

http://file.lacounty.gov/dhs/cms1 204413.pdf

⁵ Preamble to the Constitution of the World Health Organization as adopted by the International Health Conference, N.Y., 19-22 June, 1946; signed on 22 July 1946 by the representatives of 61 States (Official Records of the World Health Organization, no. 2, p. 100) and entered into force on 7 April 1948.

Health Disparities: "Although the term 'disparities' often is interpreted to mean racial or ethnic disparities, many dimensions of disparity exist in the United States, particularly in health. If a health outcome is seen in a greater or lesser extent between populations, there is disparity. Race or ethnicity, sex, sexual identity, age, disability, socioeconomic status, and geographic location all contribute to an individual's ability to achieve good health. It is important to recognize the impact that social determinants have on health outcomes of specific populations."

Health Equity is the "attainment of the highest level of health for all people. Achieving health equity requires valuing everyone equally with focused and ongoing societal efforts to address avoidable inequalities, historical and contemporary injustices, and the elimination of health and health care disparities."⁷

Health Inequality is differences, variations, and disparities in the health achievements of individuals and groups of people.⁸

Health Inequity is a difference or disparity in health outcomes that is systematic, avoidable, and unjust.⁹

Health Literacy is ""the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions."¹⁰

Interpretation is the process of understanding and analyzing a **spoken or signed message** and reexpressing that message faithfully, accurately and objectively in another language. ¹¹

Limited English Proficiency or **LEP refers to** individuals who do not speak English as their primary language and who have a limited ability to read, write, speak, or understand English.¹²

Linguistic Competency: the health care organization's ability to provide its non and limited English speaking patients with timely, accurate and confidential interpretation services, and quality, culturally appropriate translated materials; a key component of cultural competency.³

Preferred Language refers to the language in which an individual is most proficient and uses most frequently to communicate with others inside or outside the family system. ¹³

Social Determinants of Health: The complex, integrated, and overlapping social structures and

⁶ Healthy People 2020: http://www.healthypeople.gov/2020/about/disparitiesAbout.aspx

⁷ U.S. Department of Health and Human Services, Office of Minority Health. National Partnership for Action to End Health Disparities. The National Plan for Action Draft as of February 17, 2010. Chapter 1: Introduction. http://www.minorityhealth.hhs.gov/npa/templates/browse.aspx?&lvl=2&lvlid=34

⁸ Kawachi, I., A glossary for health inequalities. *Journal of Epidemiology and Community Health*, 2002. 56(9): p. 647 ⁹ Whitehead, M. and Whitehead, The concepts and principles of equity and health. *Health Promotion International*, 1991. 6(3): p. 217.

¹⁰ Institute of Medicine: Health Literacy: A Prescription to End Confusion. http://www.nap.edu/catalog.php?record_id=10883

¹¹ Interpreting: Standard Guide for Language Interpretation Services by the American Society for Testing and Materials.

¹² Limited English Proficiency or LEP: <u>www.lep.gov</u>

¹³ http://file.lacounty.gov/dhs/cms1 204413.pdf

economic systems that are responsible for most health inequities. These social structures and economic systems include the social environment, physical environment, health services, and structural and societal factors. Social determinants of health are shaped by the distribution of money, power, and resources throughout local communities, nations, and the world.¹⁴

Socioeconomic Status is a composite measure that typically incorporates economic, social, and work status. Economic status is measured by income. Social status is measured by education, and work status is measured by occupation. Each status is considered an indicator. These three indicators are related but do not overlap. ¹⁵

Translation is the conversion of a written text into a different language. ¹⁶

¹⁴ Commission on Social Determinants of Health (CSDH), Closing the gap in a generation: health equity through action on the social determinants of health. Final report of the Commission on Social Determinants of Health. 2008, World Health Organization: Geneva.

¹⁵ Adler, N.E., Socioeconomic status and health: The challenge of the gradient. *American psychologist*, 1994. 49(1): p. 15.

¹⁶ Translation: The Terminology of Healthcare Interpreting, A Glossary of Terms by the National Council on Interpreting in Health Care.

Arizona Health Disparities Center (AHDC):

This toolkit is a publication of the Arizona Health Alliance for Language Access Rights (AHALAR), led by the Arizona Health Disparities Center (AHDC). The AHDC is part of the Arizona Department of Health Services within the Bureau of Health Systems Development and is the Federal designee for the State. AHDC serves as Arizona's central source of information and resources related to minority health and health disparities. The Center provides leadership by building networks and community capacity to reduce health disparities. Health disparities are avoidable differences in the incidence, prevalence, mortality and burden of disease within specific population groups.

AHDC Mission:

To promote and protect the health and wellbeing of the minority and vulnerable populations of Arizona by enhancing the capacity of the public health system to effectively serve minority populations and reduce health disparities.

AHDC Vision:

Health equity for all

We envision a state where each person has equal opportunity to prevent and overcome disease and live a longer, healthier life.

For more information, please visit www.azminorityhealth.gov

Arizona Health Alliance for Language Access Rights (AHALAR)

Its goal is to create and sustain a welcoming environment that embraces Language Access Services (LAS) in Arizona.

For more information, please visit

http://azdhs.gov/hsd/health-disparities/campaign-initiatives/language-access/index.php?pg=alliance



